

# Have questions about your working conditions?

The CNESST can help.



Commission des normes, de l'équité,  
de la santé et de la sécurité du travail

**CNESST**

All workers in Québec benefit from basic working conditions.  
For example:

- You have rights when it comes to salary, annual vacation and absences.
- Your salary is protected in the case of a work accident.
- You have a right to a safe and healthy workplace free of psychological and sexual harassment.
- Your employer must provide you with personal protective equipment, as well as the necessary information, training and supervision, to do your work safely.
- You are entitled to pay equity.
- You have recourse if your employer fails to respect their obligations.



For more information: [cnesst.gouv.qc.ca/travailleursestrangers](https://cnesst.gouv.qc.ca/travailleursestrangers)