**Preventive measures for the manufacturing workers’ health**

**Physical distancing applies to everyone:**

- At work, from start to finish
- During lunch and breaks
- Limit the number of workers for loading and unloading
- Avoid direct contact for greetings — use alternative methods instead

**So does hygiene:**

- Wash your hands regularly for 20 seconds
- Sneeze and cough into your elbow
- Remove your personal protective equipment safely
- Do not share tools, or disinfect them after use

**Employers must:**

- Arrange work so that people can maintain a physical distance of 2 metres
- Regularly clean surfaces that are frequently touched
- Remind the delivery persons to leave the packages outside

**COVID-19 Hotline:**
1 877 644-4545

To contact a CNESST inspector:
1 844 838-0808

cnesst.gouv.qc.ca/coronavirus